



Get Well

with **Wellness First**

A Community Care Program for Chronic Disease

Have you been told that you have multiple health issues and are struggling to understand where to get information and assistance? You're not alone and we may be able to help you. We understand that it's a complex system to navigate and we are here to be your guide!

We can help you find assistance for:

- employment
- medical home
- health insurance
- social services
- education opportunities
- and more...

Call or text us to see if you qualify for the Wellness First Program

253.353.7250